

March 24, 2026

### **Tea, Cookies, and Caregiving Meeting**

Interested people met at the Corns' house on Sunday afternoon, March 22. Catherine Coulter and Carolyn Corn made brief presentations as to the purpose of the meeting and the need for caregivers in our community. Harold Corn assisted with door prizes. Jazmin Lara of Comfort Keepers spoke and answered questions.

The discussion from the attendees identified three types of caregiving that were of interest:

1. Caregivers employed by a provider like Comfort Keepers: receive benefits, training, insurance, set a flexible local schedule, work with and are approved by the Long Term Care insurance companies.
2. Independent caregivers: set their own schedule and fees and are not necessarily approved by Long Term Care Insurance.
3. Volunteer caregivers who may provide companionship and assistance on an as-needed basis for neighbors.

The following are some of the names and addresses that were of interest:

1. Jazmin Lara, Comfort Keepers of Santa Fe, Office 505-982-1298, Mobile 505-660-1316. A good contact for questions about possible employment. [Comfortkeepers.com](http://Comfortkeepers.com)
2. Care Planning Institute Inc: specializes in working with rural areas and veterans 877 487 8166. Indicates that they can provide caregivers to our area.
3. High Desert Hospice: has been known to serve the Jemez. Albuquerque: 505-585-2603. Cynthia Estrada is great and knows the Jemez area.
4. Home Instead, Los Alamos: is presently hiring (505) 471-2777
5. Amada Senior Care: tries to provide caregivers to area, worked with Carolyn last fall and was an approved provider for Bootzin's Long term Care Insurance. [\(505\) 521-2100](tel:5055212100)

The organizers plan to meet again soon to identify the possible next step.